

Facials

Experience a specifically customised facial to your skin's needs

Microzone treatments 20 minute treatment.....	£20.00
Dermalogica prescriptive facial 60 minute treatment.....	£40.00
MediBac clearing facial designed for acne sufferers.....	£45.00
Chrome White TRX facial 75 minute treatment.....	£45.00
Ultra calming facial 75 minute treatment.....	£45.00
Teenage facial 30 minute treatment.....	£25.00

Massages

Revitalise your body with a relaxing massage and re-awaken your senses

Back, neck & shoulder.....	£25.00
Back, neck, shoulder & scalp.....	£27.00
Head & sole.....	£25.00
Full body using light, medium or firm pressure.....	£40.00
Full leg and foot.....	£20.00
Full arm and hand.....	£20.00
Deep tissue Thai massage.....	£47.00

Dermalogica Thermal Body Treatments

Re-energise your body for complete purification

Mineral salt scrub therapy 30 minute treatment.....	£25.00
Body foliation therapy 30 minute treatment.....	£25.00
Back purification treatment.....	£30.00
Power recovery therapy.....	£35.00
Nourishing sea mud therapy 45 minute treatment.....	£35.00
Deep thermal therapy with thermal stamp.....	£55.00
Mud massage therapy 90 minute treatment.....	£52.00

Hands & Feet

Rejuvenate your overworked hands and feet back to their youth

File, buff & paint.....	£10.00
Essential manicure.....	£15.00
Luxury manicure using OPI products.....	£28.00
Essential pedicure.....	£17.00
Luxury pedicure using OPI products.....	£30.00

CACI Treatments

Non-surgical face & body treatment using micro current

Consultation involving one half of the face being treated.....	Free
Single facial treatment non-surgical face lift.....	£45.00
Course of 10 treatments.....	£360.00
Caci Quantum single body treatment cellulite and toning.....	£25.00

Tanning

Forget lying in the sun or on sun beds. Experience a healthy, natural looking tan in just 15 minutes

Urban spray tan full body spray.....	£25.00
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Eyes

Treat your tired eyes and take years off your looks

Eyebrow tint.....	£9.00
Eyelash tint.....	£14.00
Eyelash & brow tint.....	£16.00
Revitalizing eye rescue perfect for tired, puffy or dark eyes.....	£20.00

Make-Up

Complete the new 'you' with a unique makeover using Jane Iredale mineral make-up

Trial redeemable against appointment booked.....	£10.00
Bridal.....	£35.00
Mother/Mother-in-law.....	£20.00
Bridesmaids.....	from £5.00
Complete wedding package.....	£p.o.a
Day-to-evening.....	£30.00

Home visits are available for groups of four or more free of charge

Holistic Treatments

Experience a new level of relaxation and tranquility

Indian head massage a very deep experience.....	£28.00
Hot stone half body massage complete bliss.....	£30.00
Hot stone full body massage.....	£55.00
Reflexology pressure point therapy.....	£30.00
Aromatherapy using specially selected oils.....	£45.00

Waxing

Using warm chocolate wax to leave the skin soft and smooth

Eyebrows.....	£8.00
Top lip or chin.....	£5.00
Both.....	£8.00
Underarm.....	£8.00
Forearm.....	£11.00
Full arm.....	£15.00
Half leg.....	£18.00
Full leg.....	£25.00
Bikini.....	£8.00
Brazilian.....	£15.00

Receive 10% off if 3 or more areas are waxed in one treatment session

Chemical Peels

Meso-esthetic alpha hydroxy skin peels. Used to treat pigmentation, acne scars, wrinkles, and rosacea. This treatment delivers the results you have always wanted. Perfect for livening up tired and dull skin

Single treatment.....	£45.00
Course of 6 treatments recommended.....	£235.00

Mesoelcat
Gives immediate effect. Rejuvenating, combating signs of ageing
Treatment 5 sessions inc homecare products..... £550.00

Cosmelan
Treatment against blemishes caused by melanin
Single treatment inc homecare products..... £550.00

Treatments For Men

Microzone men's fitness facial 20 minute treatment.....	£20.00
Eyebrow tidy.....	£8.00
Eyelash grooming define your wink.....	£14.00
Male manicure without the paint.....	£15.00
Male pedicure calluses removal included.....	£20.00
Back wax including biceps.....	£25.00
Chest wax.....	£25.00

Packages

Sheer Bliss..... £135.00
The package includes a deep thermal therapy, prescriptive facial, luxury manicure/pedicure and eyebrow shaping. During these treatments time will be allocated for you to have a light lunch and beverage in the Hotel lounge area.

Pure Indulgence..... £85.00
The package includes a back, neck and shoulder massage using aromatherapy oils, a prescriptive facial, luxury manicure or pedicure and a light application of mineral make-up.

La Mama suitable for every level of pregnancy..... £70.00
The package includes a deeply relaxing back and shoulder massage, a prescriptive facial and an arm and lower leg massage.

Holiday Special..... £55.00
The package includes a full body exfoliation, a file and paint for both the fingers and toes, an eye lash tint and an eyebrow shaping.

Post-event Treatment..... £45.00
The package includes a back, neck and shoulder massage, a foot and scalp massage, including a revitalizing eye treatment.

Relax and unwind with one of our specially designed packages



Sheer Bliss.....£135.00

Imagine five long hours of wonderfully relaxing treatments just for you, devoted to removing physical impurities, clarifying the mind, and restoring and rehydrating the spirit

Pure Indulgence.....£85.00

Indulge yourself in three hours of pampering, an excellent treat for a birthday or other special occasion. Leave feeling energized and indulged



The salon has visits from private, self employed therapists who specialise in a variety of other therapies and aesthetics. These therapists carry their own insurance. A1 Cosmetic & Body clinic does not accept any responsibility to work carried out or advice given by these therapists.

Monday.....Closed
 Tuesday.....09:30 - 20:00
 Wednesday.....09:30 - 20:00
 Thursday.....09:30 - 19:00
 Friday.....09:30 - 18:00
 Saturday.....09:00 - 17:00
 Sunday.....By appointment only

Gina Whomes
Cosmetic & Body

Special day and half day packages

Free car parking

Discounted food and beverages

Relaxing private treatment room

Lunch time massage therapies

Gift vouchers available

Treatment Menu



Booking and Cancellation

A non-refundable deposit of 20% is required for any treatment over £40, however bookings may be rescheduled providing 24 hours notice has been given.

24 hours notice is required for any cancellation.

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